



# The Dual Disorders Recovery Book

*A Twelve Step Program for Those of Us with  
Addiction and an Emotional or Psychiatric Illness*

WHAT WE USED TO BE LIKE,  
WHAT HAPPENED,  
AND WHAT WE ARE LIKE NOW

# Dual Disorders Recovery

**Tim Hamilton**



## **Dual Disorders Recovery:**

The Dual Disorders Recovery Book Anonymous,2009-07-23 This compelling Dual Disorders Recovery Book written for those with an addiction and a psychiatric illness provides a source of information and support throughout recovery Personal stories offer experience strength and hope as well as expert advice The book offers information on how Steps 1 5 apply specifically to us An appendix includes a Blueprint for Recovery the meeting format of Dual Recovery Anonymous and self help resources

The Twelve Steps And Dual Disorders Tim Hamilton,Pat Samples,2009-12-10 A gentle spiritual and supportive approach to bolster our recovery The Twelve Steps and Dual Disorders provides an adaptation and discussion of each of the Twelve Steps of Dual Recovery Anonymous With compassion and encouragement this book helps us to begin and strengthen our recovery from our addictions and emotional or psychiatric illnesses A gentle spiritual and supportive approach to bolster our recovery The Twelve Steps and Dual Disorders provides an adaptation and discussion of each of the Twelve Steps of Dual Recovery Anonymous

**Integrated Treatment for Dual Disorders** Kim T. Mueser,Douglas L. Noordsy,Robert E. Drake,Lindy Fox Smith,2015-05-18 This comprehensive clinical handbook provides virtually everything needed to plan deliver and evaluate effective treatment for persons with substance abuse problems and persistent mental illness From authors at the forefront of the dual disorders field the book is grounded in decades of influential research Presented are clear guidelines for developing integrated treatment programs performing state of the art assessments and implementing a wide range of individual group and family interventions Also addressed are residential and other housing services involuntary interventions vocational rehabilitation and psychopharmacology for dual disorders Throughout the emphasis is on workable ways to combine psychiatric and substance abuse services into a cohesive unitary system of care In a convenient large size format the volume includes reproducible assessment forms treatment planning materials and client handouts

*Dual Diagnosis* Ted R. Watkins,Ara Lewellen,Marjie C. Barrett,2000-10-10 Written in a clear informative and easy to follow manner Dual Diagnosis is an important book on one of the hottest topics in mental health today After opening chapters on general issues and problems with dual diagnosis the book follows with in depth discussions on major illnesses and analyzes the issues relevant to each when drug abuse is involved as well as discussing the empirically validated treatment approaches available The book closes with a summary and integration of the conclusions from earlier chapters and presents a grid showing the relationships between certain disorders and the processes of change that have been shown or theorized to be particularly helpful in their treatment This is a book that will be extremely useful to practicing professionals in mental health and substance abuse fields as well as students in psychology and drug abuse

*The Dual Diagnosis Recovery Sourcebook* Dennis Ortman,2001-02-14 For those who suffer from a combined psychiatric illness and chemical dependency The six out of one hundred people diagnosed with the dual disorders of addiction and mental disorder face unique challenges on the road to recovery With comprehensive information and illustrative inspiring case studies The Dual

Diagnosis Recovery Sourcebook explores the physical psychological social and spiritual approaches to recovering from this often misunderstood and yet surprisingly common condition      **Dual Disorders Recovery Counseling** Dennis C. Daley, Michael E. Thase, 2004-01-01      **Dual Diagnosis** Katie Evans, J. Michael Sullivan, 2012-01-20 Updated for today's health care climate the revised and expanded second edition of this popular volume offers a thorough introduction to clinical work with this difficult to treat population Providing a unique synthesis of chemical dependency and mental health models the book articulates a framework for assessment and treatment and describes a range of effective counseling and motivational strategies for adolescents and adults The second edition includes discussions of the latest developments in treatment sample treatment plans increased coverage of ways to incorporate 12 step concepts into mental health interventions and a new section on trauma based disorders in addicted female adolescents The practical utility of the volume is enhanced by clinical vignettes clearly presented tables and reproducible forms      The Twelve Steps and Dual Disorders Workbook Tim Hamilton, 1995      A Group Approach to Relapse Prevention and Healthy Living Melinda B. Fox., 2015-11-06

The Integrated Dual Disorders Treatment IDDT Recovery Life Skills Program Revised      **Addiction and Mood Disorders** Dennis C. Daley, Antoine Douaihy, 2006-07-20 Millions of individuals diagnosed with severe mental illness also suffer from an equally powerful substance use disorder If you or someone you love has been diagnosed with dual disorders this book can help Addiction and Mood Disorders A Guide for Clients and Families is designed primarily to educate individuals with dual disorders and their families about mood and addictive use disorders It not only gives a message of hope but also provides practical suggestions on ways to manage these disorders The author provides guidelines and strategies for recovery from dual disorders based on and adapted from various treatments that have proven effective for addiction mood disorders or both This book is filled with case examples that show growth and positive change as well as the difficulties many individuals struggling with a dual diagnosis face Advocating a recovery model in which the affected individual takes responsibility for getting the most out of professional treatment and self help programs this book shows that being an active participant is the key to getting the most out of your recovery This book is for use not only by those individuals who suffer from addiction and mental illness but also by their family friends and other members of their support system Professionals who work with these individuals will find this book to be a useful guide in their clinical work as well      **Living with Co-Occurring Addiction and Mental Health Disorders** Mark McGovern, Scott Edelman, Dartmouth Medical School, 2009-10-01 Living with Co occurring Addiction and Mental Health Disorders      **Integrated Treatment for Mood and Substance Use Disorders** Joseph J. Westermeyer, Roger D. Weiss, Douglas M. Ziedonis, 2003-04-29 People with mood disorders often have simultaneous problems with addiction and those with substance abuse problems are especially susceptible to mood disorder The treatment of such patients can be particularly complicated and many receive treatment for only one of their disorders In this book fourteen clinicians discuss the extent of the problem methods of assessment typical courses and treatments including both

psychotherapy and pharmacotherapy They address the all too frequent necessity of proceeding with treatment before a clear diagnosis is known and they claim that distinguishing between primary and secondary disorders is initially less critical than previously assumed Contending that clinicians treating comorbid mood substance problems must be both more flexible and more watchful than those treating either disorder alone the authors also describe various models of care Throughout the book they provide differing points of view on such issues as the value of pharmacotherapy for those still abusing psychoactive substances Written for those who treat addictions including counselors clergy and employee assistance staff as well as for traditional mental health professionals Integrated Treatment for Mood and Substance Use Disorders is an invaluable reference for any clinician who works with dually diagnosed clients Edward V Nunes Columbia University and the New York State Psychiatric Institute

**Dual Disorders Recovery Counseling** Dennis C. Daley, Michael E. Thase, 1994

**Dual Diagnosis Workbook** Dennis C. Daley, 2000

The Prevention Pipeline, 1994

Learning the Language of Addiction Counseling Geri Miller, 2014-09-08 FULLY REVISED COMPREHENSIVE AND PRACTICAL Learning the Language of Addiction Counseling Fourth Edition introduces counselors social workers and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides an engaging balanced overview of the major theoretical foundations and clinical best practices in the field Fully updated the Fourth Edition offers a positive practice oriented counseling framework and features A research based clinical application approach to addiction counseling that practitioners can turn to for fundamental practical clinical guidelines Revised chapters that reflect important changes in research and practice including new DSM-5 criteria new assessment instruments and new and expanded treatments Case studies interactive exercises end of chapter questions and other resources that facilitate the integration of knowledge into practice Personal Reflections sections at the beginning of each chapter provide an invaluable unique perspective on the author's evolving views of addiction counseling Updated and expanded online Instructor's Manual that includes brief video clips PowerPoint slides test bank questions for each chapter and sample syllabi From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional this comprehensive book covers all of the essentials

Approaches to Drug Abuse Counseling, 2000

Approaches to Drug Abuse Counseling, July 2000, 2000

**Dual Disorders** Dennis C Daley, Howard B. Moss, 2009-07-31 The leading text on the biological and psychological relationship between mental illness and addiction Dual Disorders contains important resources for individuals and their families Depression Schizophrenia Post traumatic stress disorder Millions of individuals diagnosed with psychiatric or emotional disorders must battle an equally menacing and powerful disease chemical dependency First published in 1993 Dual Disorders is the leading text on the biological and psychological relationship between mental illness and addiction The third edition of this Hazelden best seller includes the latest research information about medications and an

explanation of diagnostic criteria Key features and benefits outlines the relationship between chemical dependency and psychiatric disorders contains important resources for chemically dependent individuals and their families and presents practical relapse prevention strategies

**Assessment and Treatment of Patients with Coexisting Mental Illness and Alcohol and Other Drug Abuse** Richard Ries,1996-09

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