

7 TIPOS DE DOLORES DE RODILLA Y SUS POSIBLES CAUSAS

Locación del dolor

Frontal:

Dislocación de rótula, condromalacia rotuliana, tendinitis rotuliana, bursitis.

Laterales:

Lesiones en los ligamentos laterales, síndrome de la banda lateral.

Interno

(dentro de la articulación):

Esguince o rotura de ligamentos cruzados, lesión de meniscos.

Arriba:

Traumatismo de cuádriceps, tendinitis del cuádriceps.

Atrás

(en el hueso poplíteo):

Quiste de Baker, tendinitis de los isquiotibiales.

Abajo:

Enfermedad de Osgood-Schlöser.

Generalizado:

- Fractura
- Artritis reumatoide
- Osteoartritis de rodilla
- Gota
- Pseudogota

Anatomía

Cuádriceps

Isquiotibiales

Fémur

Rótula

Menisco

Tibia

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