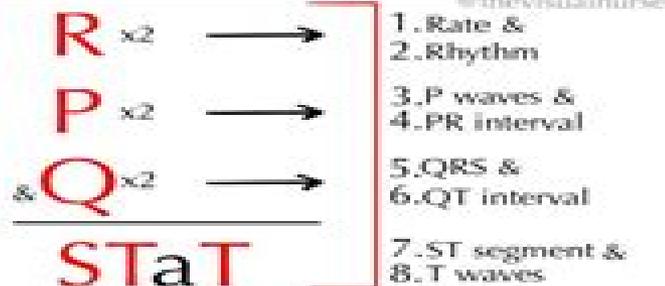


8 STEPS TO BASIC RHYTHM INTERPRETATION

8 STEPS TO RHYTHM ANALYSIS



1. HEART RATE

What's the heart rate expressed in beats per minute (BPM)?

6 second method



Count # of R waves present on 6 sec strip & multiply by 10 = HR in BPM

1. HEART RATE

Small box method



- Count # of small (0.04 sec) boxes between # of R waves & divide into 1500 = HR in BPM
- Better for regular than irregular rhythms

1. HEART RATE

Big box method

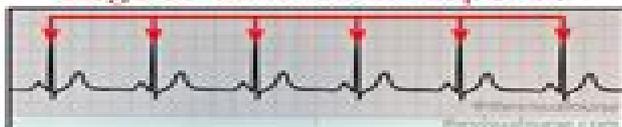


- Find an R wave on a solid big box line
- Count off 300, 150, 100, 75, 60, 50 on each big box line that follows
- Where next R wave lands = HR in BPM

2. RHYTHM REGULARITY

Is the rhythm regular or irregular? Ask yourself, "Do the P waves and QRS complexes march out routinely?" This can be done for atrial and ventricular response pattern.

Regular ventricular response



Irregular ventricular response



3. P WAVES

Are they present? What's the appearance? Do all P waves present appear similar?

Sinus rhythm



Wandering atrial pacemaker



Atrial fibrillation



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