

Table 1.6 Summary of most important developmental perspectives

PERSPECTIVE	KEY ASSUMPTIONS	SPECIFIC THEORIES
Biological	Development is determined by biological factors	Maturation theory: emphasises development as the natural unfolding of a biological plan Ethological theory: emphasises the survival value of many behaviours. These behaviours are inherited but some kinds of learning have to occur at certain critical periods Evolutionary theory: emphasises that children and parents' behaviour adapt over generations to meet specific environmental challenges
Psychodynamic	Development is determined primarily by how a child resolves (mainly unconsciously) conflicts at different ages	Freud's theory: emphasises the conflict between primitive biological forces and societal standards for right and wrong Erikson's theory: emphasises the challenges posed by the formation of trust, autonomy, initiative, industry, and identity
Learning theory	Development is determined primarily by a child's environment	Skinner's operant conditioning: emphasises the role of reinforcement and punishment Bandura's social cognitive theory: emphasises children's efforts to understand their world, using reinforcement, punishment, and others' behaviour
Cognitive developmental	Development reflects children's efforts to understand the world	Piaget's theory: emphasises the different stages of thinking that result from children's changing theories of the world
Contextual	Development is influenced by immediate and more distant environments, which typically influence one another	Vygotsky's theory: emphasises the role of parents (and other adults) in developing skills and conveying culture to the next generation Bronfenbrenner's theory: emphasises the reciprocal influences of the microsystem, mesosystem, exosystem and macrosystem
African	Development is holistic and collectivistic, and is spiritually and socially driven	Nsamenang's theory: views development as a social ontogenesis because it unfolds within a culture. Identifies 3 phases of selfhood and 7 phases in the social selfhood

Adapted from Louw, D.A.P. & Louw, A. (2014). *Child and Adolescent development* (2nd ed.). Bloemfontein: Psychology Publications.

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