

# Asthma treatment levels for adults and adolescents



ICS: inhaled corticosteroids  
LABA: long-acting beta<sub>2</sub> agonist  
LAMA: long-acting muscarinic antagonist  
SABA: short-acting beta<sub>2</sub> agonist



Before stepping up, check that:

- symptoms are due to asthma
- inhaler technique is correct
- adherence is adequate



Consider stepping up if good symptom control is not achieved despite good adherence and correct inhaler technique



When asthma is stable and well controlled for 2-3 months, consider stepping down



Consider switching to reduce severe exacerbation risk

# Asthma Handbook

**Robert R. Redfield**



## **Asthma Handbook:**

## Unveiling the Magic of Words: A Review of "**Asthma Handbook**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Asthma Handbook**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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### **Table of Contents Asthma Handbook**

1. Understanding the eBook Asthma Handbook
  - The Rise of Digital Reading Asthma Handbook
  - Advantages of eBooks Over Traditional Books
2. Identifying Asthma Handbook
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Asthma Handbook
  - User-Friendly Interface
4. Exploring eBook Recommendations from Asthma Handbook
  - Personalized Recommendations
  - Asthma Handbook User Reviews and Ratings
  - Asthma Handbook and Bestseller Lists

5. Accessing Asthma Handbook Free and Paid eBooks
  - Asthma Handbook Public Domain eBooks
  - Asthma Handbook eBook Subscription Services
  - Asthma Handbook Budget-Friendly Options
6. Navigating Asthma Handbook eBook Formats
  - ePub, PDF, MOBI, and More
  - Asthma Handbook Compatibility with Devices
  - Asthma Handbook Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Asthma Handbook
  - Highlighting and Note-Taking Asthma Handbook
  - Interactive Elements Asthma Handbook
8. Staying Engaged with Asthma Handbook
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Asthma Handbook
9. Balancing eBooks and Physical Books Asthma Handbook
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Asthma Handbook
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Asthma Handbook
  - Setting Reading Goals Asthma Handbook
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Asthma Handbook
  - Fact-Checking eBook Content of Asthma Handbook
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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