

# Ways to Become a More Assertive Communicator

- Use "I" statements
- Be aware of your body language
- Be direct
- Be consistent
- Maintain eye contact
- Know your boundaries
- Practice active listening
- Be appreciative



# Be Assertive

**B Lingard**



**Be Assertive:**

## **Be Assertive** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Be Assertive**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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