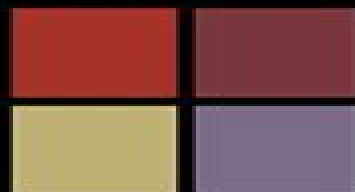


THE ASSERTIVENESS WORKBOOK



How to Express Your Ideas
and Stand Up for Yourself
at Work and in Relationships

Randy J. Paterson, Ph.D.

Assertiveness Handbook

Jianjun Gao



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