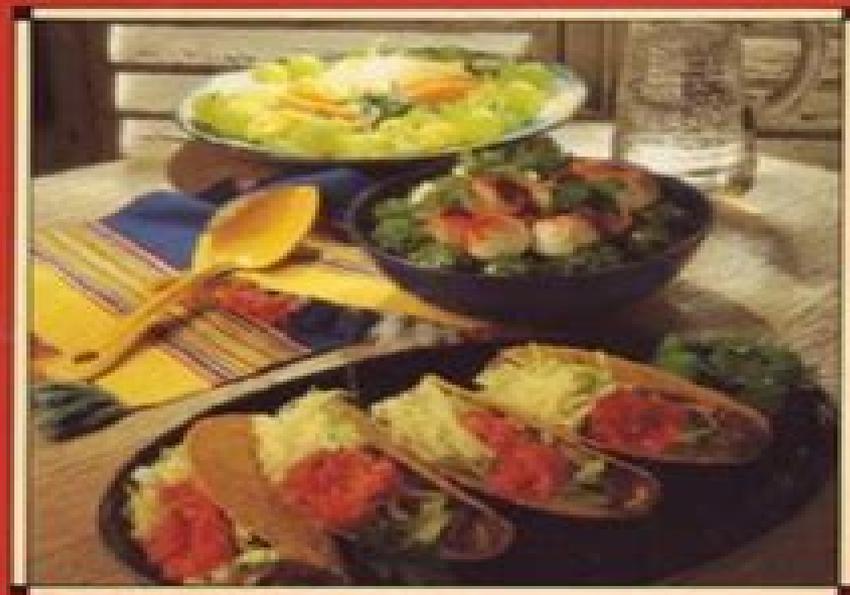


Diabetic Cooking

WITH INTERNATIONAL FLAIR

150 Delicious Ethnic Dishes for the Diabetic Diet



Chinese • Japanese • Indonesian • Indian
Mexican • Middle Eastern

Ann Watson & Sue Lousley

Diabetic Cook Intl

Lingjun Ying



Diabetic Cook Intl:

Chinese Cooking Jean Paré, 2003 Familiar Chinese dishes in easy to follow recipes **Kids Cooking** Jean Paré, 1995 From the best selling Company's Coming series comes the first children's edition with over 100 easy recipes Kids can make cookies main courses snacks and more Large type clear instructions and colour pictures are featured on every page Cf Our choice 1996 1997 International Textbook of Diabetes Mellitus K. G. M. M. Alberti, 1992 Explores all areas of diabetes mellitus encompassing basic physiology and biochemistry pathophysiology and clinical care Written by an international team of experts this reference is for any professional working in the field of diabetes **Low-Fat Cooking** Jean Paré, 2001

The International Menu Diabetic Cookbook Betty Marks, Lillian S Marks, 1986-09 Present recipes based on classical cooking from around the world in well planned menus based on the newest nutrition guidelines from the American Diabetic Association Complete exchange information is provided with each recipe meal plan Divided into sections by country each includes several menus for appetizers entrees desserters A complete explanation of the glycemic effects of diet is also given so that diabetics can tailor menus to their individual needs Soups and Sandwiches Jean Paré, 1981 Soups Sandwiches is the seventh book in the Company's Coming cookbook series As a professional caterer and mother of four Jean Pare has had many opportunities to serve wonderful meals of soups and sandwiches From light fruit soups to main meal soups and hearty seafood chowders Jean Pare takes the mystery out of making soups from scratch Busy cooks will welcome the quick soup section where even the canned variety becomes a special treat Wholesome sandwich ideas round off the menu Choose selections from delicious spreads and fillings to stuffed buns and loaves to hot and cold favorites all the makings of a family tradition Every recipe is quick and easy to make using everyday ingredients Treat your family like company warm up to Soups Sandwiches Book jacket **The Rookie Cook** Jean Paré, 2002 The Rookie Cook has eas to make yet impressive recipes that will build confidence in the beginner chef Rave reviews are in the making Casseroles Jean Paré, 1981 One Dish meals for experienced beginner cooks **The International Medical Annual** ,1894 International Diabetes Monitor ,2006 Gourmet Recipes for Diabetics Dorothy Tompkins Revell, 1971 International Medical Annual and Practitioner's Index ,1897 Stews, Chilies & Chowders Jean Paré, 2001 Stews Chilies and Chowders has over 120 hearty recipes to tempt every member of the family Dinner can be a fast and easy chowder that takes only 5 minutes to prepare or a tender savoury stew that sits leisurely bubbling over the course of the afternoon Ragouts goulashes vegetarian dishes and thick rich soups are also featured Don't forget a wonderful selection of complementary recipes for fresh homemade bread croutons and pickles to round out your meal For a quick dinner solution a warm and filling lunch or a convenient no fuss potluck dish enjoy the variety of recipes that Stews Chilies and Chowders has to offer **International Medical Digest** ,1928 **14th International Diabetes Federation Congress** International Diabetes Federation. Congress, 1991

International Clinics ,1918 **Books of 1912-** ,1922 **Diabetic Cooking with International Flair** Ann Watson, Sue

Lousley,1987 Shares healthful recipes for soups appetizers snacks sauces seafood fish poultry meat rice grain and desserts from around the world **International Record of Medicine and General Practice Clinics** Frank Pierce Foster,1904
World-Class Diabetic Cooking Kay Spicer,1996-09-01 A unique collection of more than 200 menu choices appropriate for the person with diabetes

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