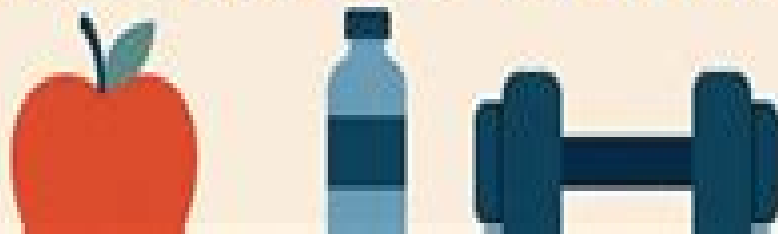




# **Defining Body and Mind:** An Interdisciplinary Approach to Health and Personal Growth



# Body Defining

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