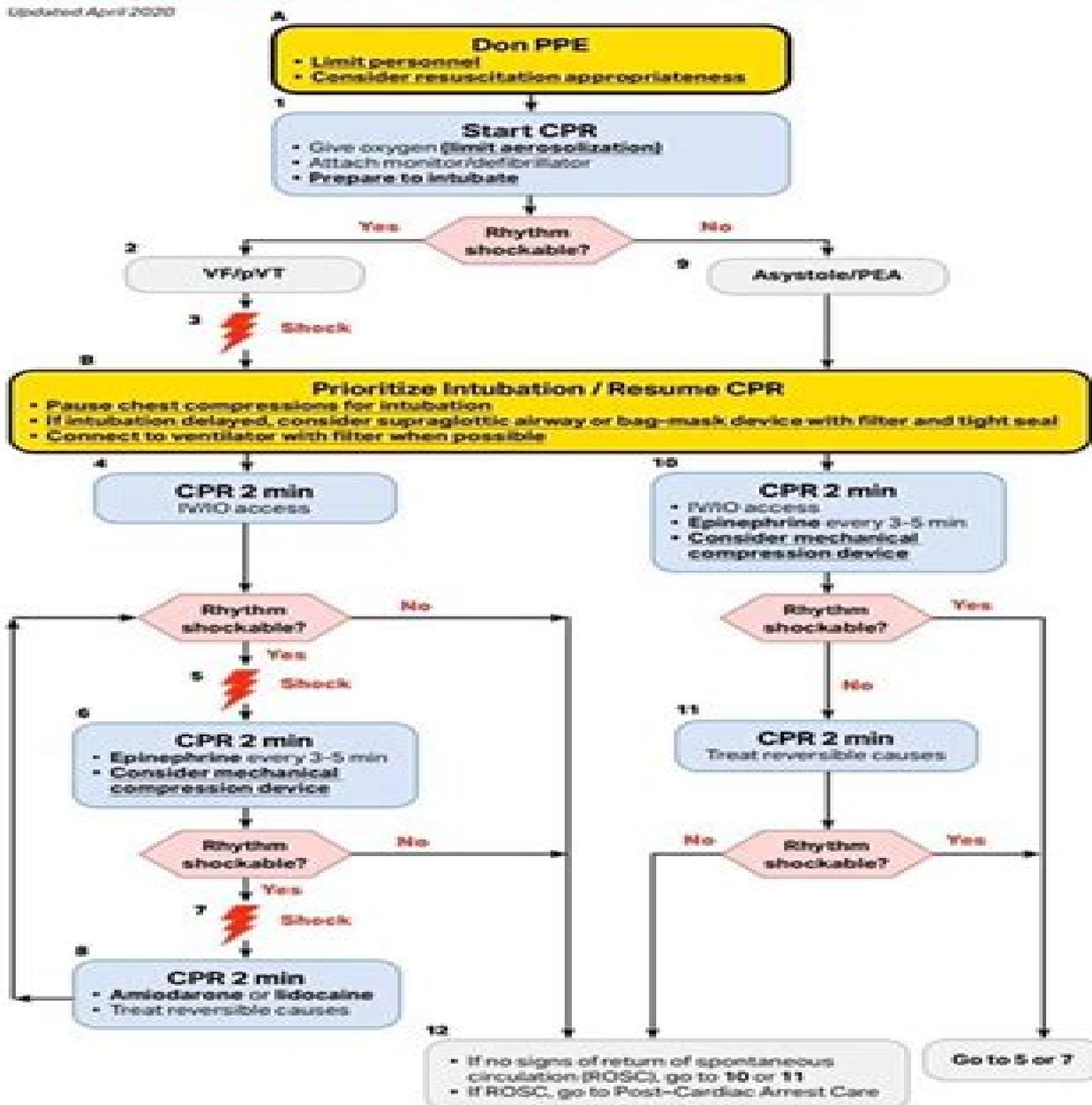


ACLS Cardiac Arrest Algorithm for Suspected or Confirmed COVID-19 Patients

Updated April 2020



CPR Quality

- Push hard (at least 2 inches or 5 cm) and fast (100-120/min) and allow complete chest recoil.
- Minimize interruptions in compressions.
- Avoid excessive ventilation.
- Change compressor every 2 minutes, or sooner if fatigued.
- If no advanced airway, 30:2 compression-ventilation ratio.
- Quantitative waveform capnography
 - If P_i 100, <10 mm Hg, attempt to improve CPR quality.
- Intra-arterial pressure
 - If relaxation phase (diastolic) pressure <20 mm Hg, attempt to improve CPR quality.

Shock Energy for Defibrillation

- Biphasic: Manufacturer recommendation (eg, initial dose of 120-200 J; if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered.
- Monophasic: 360 J

Advanced Airway

- Minimize closed-circuit disconnection.
- Use intubator with highest likelihood of first pass success.
- Consider video laryngoscopy.
- Endotracheal intubation or supraglottic advanced airway.
- Waveform capnography or capnometry to confirm and monitor ET tube placement.
- Once advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions.

Drug Therapy

- Epinephrine iVIO dose: 1 mg every 3-5 minutes.
- Amiodarone iVIO dose: First dose: 300 mg bolus. Second dose: 150 mg.
- Lidocaine iVIO dose: First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.

Return of Spontaneous Circulation (ROSC)

- Pulse and blood pressure.
- Abrupt sustained increase in P_iCO₂ (typically >40 mm Hg).
- Spontaneous arterial pressure waves with intra-arterial monitoring.

Reversible Causes

- Hypovolemia
- Hypoxia
- Hydrogen ion (acidosis)
- Hypo-/hyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toxins
- Thrombosis, pulmonary
- Thrombosis, coronary

Acls Quick Review

Rachel Sandford



Acls Quick Review:

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