

# PNS Motor System Changes with Aging

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- Loss of  $\alpha$ MN
    - remaining  $\alpha$ MN will innervate the muscle cells
    - remaining MU become larger which can **reduce motor coordination** for finely tuned movements
  - Signs of reinnervation
    - space between nodes in myelin was reduced
  - $\downarrow$  in the NCV
  - Motor conduction slows by 0.4–1.7 m/s per decade after 20 years (sensory by 2–4 m/s)
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# Aging Motor System

**S Marginson**



## **Aging Motor System:**

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