

# Caring *for Your* Aging Parents

*A Planning and Action Guide*

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# Caring For Your Aging Parents A Planning And Action Guide

**Tobias Bleicker**



## **Caring For Your Aging Parents A Planning And Action Guide:**

Caring for Your Aging Parents Donna Cohen, Carl Eisdorfer, 1995-03-01      Caring for Your Aging Parents Donna Cohen, 1995      Integrated Textbook of Geriatric Mental Health Donna Cohen, Carl Eisdorfer, 2011-09-01 As the population ages increasing numbers of older people require the attention and services of mental health professionals Despite their prevalence however mental health problems in this population often go undiagnosed and therefore untreated This textbook offers medical students and professionals the information they need to care for older people with mental disorders Drs Donna Cohen and Carl Eisdorfer two internationally recognized experts in geriatric mental health provide a comprehensive framework within which students and practitioners alike can address the salient issues of the field These include the biopsychosocial aging processes specific pathologies prevalent in later life social issues common to the elderly the delivery of care in various settings and the economic policies affecting services for older people The authors goal is not only to enhance clinical practice but also to urge physicians to develop and coordinate a more holistic care strategy that acknowledges the complex challenges of older patients To this end Cohen and Eisdorfer discuss essential principles of optimal care the latest research findings evidence and consensus based practice standards resources to help professionals keep abreast of the changing mental health landscape and ethical dilemmas of clinical practice and research The signal strength of this book lies in its integrated approach an approach that emphasizes the philosophy and principles of caring for older people along with clinical practices and issues From this broader perspective the authors describe the many factors that influence the lives health and well being of older patients and their caregivers making this an ideal text for psychiatrists psychologists nurses and social workers

**The Challenges of Mental Health Caregiving** Ronda C. Talley, Gregory L. Fricchione, Benjamin G. Druss, 2013-11-18 Caring for the ill disabled very old or very young requires a labor intensive commitment that is not only essential to the well being of individuals and to society as a whole but also fraught with physical financial and psychological risks And despite the critical nature of their job caregivers rarely have avenues of support The Challenges of Mental Health Caregiving addresses the complexities of the situation with uncommon depth and breadth Suited to researchers scientist practitioners and clinicians and students seeking a rounded understanding of the field it examines how caregiving affects the lives work and mental health of family and professional caregivers Chapters explore developmental cultural and spiritual contexts of care addressing ongoing concerns about care in relation to larger health systems and emphasizing the need for care to be viewed as a community rather than an individual or family experience Further the book s conclusion strongly advocates for more effective and efficient uses for available funds and resources while offering workable proposals for service improvements at the policy level Key areas of coverage The impact of caregiving on physical and mental health Integrating mental health and primary care The promotion of positive mental health outcomes in children and youth Mid life concerns and caregiver experience Loss grief bereavement and the implications for mental health caregiving Policy issues in

caregiving and mental health The Challenges of Mental Health Caregiving is a clear sighted reference for researchers clinicians and scientist practitioners and graduate students in the caregiving fields including clinical psychology social work public health medicine geriatrics gerontology public policy and educational policy **Eldercare** Marty Richards,1999 With a rapidly aging population few subjects draw more headlines than caring for our aging relatives **The Older Adult Psychotherapy Treatment Planner** Deborah W. Frazer,Arthur E. Jongsma, Jr.,1999 Saves you hours of painstaking paperwork while providing optimum latitude in developing customized care and treatment plans for the unique needs of older patients Following the same format as the bestselling The Complete Psychotherapy Treatment Planner this invaluable sourcebook supplies all of the essential building blocks you need to create focused formal treatment plans that satisfy all of the demands of HMOs managed care companies third party payers and state and federal review agencies Organized around 27 main presenting problems from dementia and depression to the psychological impact of physical decline this book features Thousands of well crafted statements to choose from describing goals and treatment options for cognitive behavioral and mood disorders detailed in the minimum data set required by HCFA A sample plan that can be emulated in writing plans that meet all requirements of third party payers and accrediting agencies A presenting problem list that includes all relevant DSM IV categories A quick reference format that allows you to locate treatment plan components by behavioral problem or DSM IV diagnosis Large workbook style pages affording plenty of space to record your own customized goals objectives and interventions Seven Steps to Effective Parent Care Donna Cohen,Carl Eisdorfer,1993 A seven step framework for learning how to be effective when aging parents need care *Advances in the Diagnosis and Treatment of Alzheimer's Disease* Vinod Kumar,Carl Eisdorfer,1998 Family Realities Lucy F. Wold,Ann F. Andersen,1998 Focusing on both the emotional and practical issues surrounding death and inheritance this book offers guidelines for achieving harmonious family relationships during this inevitable life passage In addition to offering advice for closing the family home dividing up furniture and personal effects settling the estate and transporting items to their new destination Family Realities encourages siblings to use this time as an opportunity to renew relationships rather than turning it into a time of fierce competition and anger Ways that aging parents can help make the eventless painful by planning ahead are also included Sample forms such as obituary and burial permit information and a bequest list help to simplify the process **Introduction to Financial Caregiving and Glossary** , Subject Guide to Books in Print ,2001 *Information and Referral* ,2005 **Alzheimer's Disease** R. C. Hamdy,1998 This text meets the needs of physicians nurses therapists caregivers and family members It contains a wealth of practical information about the effects of Alzheimer s on the patient s day to day life and offers detailed descriptions of the stages of the disease the options for treatment and the effects of other mental and physical characteristics upon the expression of Alzheimer s Additionally it offers valuable suggestions for approaching issues such as nutrition sleep habits safety caregiver stress and therapy The book is a perfect bridge between an interdisciplinary panel of expert

contributors who know most about the disease and those who know most about the patient Takes a reader friendly look at the structure and function of the normal brain along with the higher brain functions providing the proper background needed to study the various types of dementia Explores the neuropsychological assessment of dementia as well as the tools such as brain imaging used in the process to lay a clinical foundation for the student Examines current concepts in the etiology and pathogenesis of Alzheimer s disease as well as the pathology clinical presentation and clinical diagnosis of the disease to bring the reader up to speed on new and established research Compares and contrasts Alzheimer s disease with other forms of dementias so that the properties unique to Alzheimer s are well understood Presents the general principles of management of Alzheimer s along with ways to manage the difficult behaviors that accompany it Provides valuable information for dealing with everything from fecal and urinary incontinence to preventing accidents in the home to managing daily care and planning activities Analyzes ethical and legal issues involved in caregiving an area that continues to grow in complexity Details the many avenues of community support from social services to the Alzheimer s Association Provides a glossary so that the reader has quick access to the definitions of important terms

**Subject Guide to Children's Books in Print 1997**  
Bowker Editorial Staff,R R Bowker Publishing,1996-09

**Will This Place Ever Feel Like Home?, New and Updated Edition: Simple Advice for Settling In After You Move** Leslie Levine,2002-01-15 If you are moving or contemplating a move Will This Place Ever Feel Like Home offers a wealth of insights and practical resources on everything from navigating the new terrain and finding essential services to helping your children and pets adjust meeting neighbors making new friends and much more A unique and helpful how to guide based on more than 100 personal interviews and the author s own relocation experience this updated edition also features detailed information on relocation services and Internet resources

The Best Home Businesses for the 21st Century Paul Edwards,1999-09-13 This invaluable guide provides comprehensive profiles of more than one hundred hot new businesses that promise the top opportunities for small business people in the future Paul and Sarah Edwards explore the best opportunities for self employment in the next century ranging from being a business network organizer to running a transcript digesting service and provide expert step by step advice on the skills and knowledge needed to startup the start up costs pricing and potential earning the best ways to get new business the advantages and disadvantages of each business the hands on advice of those already in the field In addition to the nearly one hundred businesses profiled an expanded section on The Best of the Rest explores dozens of additional top businesses to watch for The Best Home Businesses for the 21st Century is the smartest most complete book available for anyone looking for right ways to make it on their own

**The Publishers Weekly** ,2005 *Resources in Education* ,1994 **Pond's Personalized Financial Planning Guide for Doctors, Dentists, and Health-care Professionals** Jonathan D. Pond,1991  
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### **Caring For Your Aging Parents A Planning And Action Guide Introduction**

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